Curriculum Intent

The overall aim for Physical Education (P.E) is that all pupils, irrespective of their ability, are able develop a passion and appreciation for their own physical health and the world of sport as well as increasing their confidence in their own physical ability. Pinders Primary is a wonderfully diverse school with a high number of EAL (English as an additional language) students therefore, P.E. lessons create equality, putting every child on a level playing field.

In our organisation of the P.E curriculum and extra-curricular opportunities, we envisage pupils developing their knowledge of a wide variety of sports as well as a broad skill set within the sports they have learnt. In Year 5 children attend weekly swimming lessons where they learn how to swim and how to stay safe when in the water.

To enhance children’s knowledge of the world of sport we teach them about key athletes, celebrate sporting events such as the Olympics and Paralympics and utilise books to inspire and engage the children.

Physical education not only allows children to work on their personal well-being but also develop their teamwork skills. Forest schools is something we offer the children as part of the curriculum and as an after-school club. This allows them to develop skills which ordinarily they would not access such as; den building, building fires using sticks and cotton wool, memory games and other physically rich activities. Pinders also hold an annual sports day for all children in the school where we encourage positive competition and invite parents to celebrate their children achievements. Through this we will promote the positive effects physical activity can have on our mental and emotional well- being as well as our physical health.