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| **P.E Long Term Overview** | | | | | | |
| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | Gymnastics  Body Management | Dance  Speed Agility Travel | Gymnastics (U2)  Manipulation & Coordination | Dance (U2)  Cooperate & Solve Problems | Body Management (U2)  Manipulation & Coordination (U2) | Speed Agility Travel (Unit 2)  Athletics (SD) |
| **Year 1** | Dance  Act, Defend, Shoot | Gymnastics  Hit, Catch, Run | Gymnastics (U2)  Send & Return | Dance (U2)  Run, Jump, Throw | Act, Defend, Shoot  (U2)  Send & Return (U2) | Hit, Catch, Run (Unit2)  Run, Jump, Throw (Unit 2) |
| **Year 1/2** | Dance  Act, Defend, Shoot | Gymnastics  Hit, Catch, Run | Gymnastics (U2)  Send & Return | Dance (U2)  Run, Jump, Throw | Act, Defend, Shoot (Unit 2)  Send & Return (Unit 2) | Hit, Catch, Run (Unit2)  Run, Jump, Throw (Unit 2) |
| **Year 2** | Dance  Act, Defend, Shoot | Gymnastics  Hit, Catch, Run | Gymnastics (U2)  Send & Return | Dance (U2)  Run, Jump, Throw | Act, Defend, Shoot (Unit 2)  Send & Return (Unit 2) | Hit, Catch, Run (Unit2)  Run, Jump, Throw (Unit 2) |
| **Year 3** | Gymnastics  Tag Rugby | Dance  Hockey | Gymnastics (U2)  Football | OAA  Cricket | Bench Ball  Tennis | Rounders  Athletics |
| **Year 3/4** | Gymnastics  Tag Rugby | Dance  Hockey | Gymnastics (U2)  Football | OAA  Cricket | Bench Ball  Tennis | Rounders  Athletics |
| **Year 4** | Gymnastics  Tag Rugby | Dance  Hockey | Gymnastics (U2)  Football | OAA  Cricket | Bench Ball  Tennis | Rounders  Athletics |
| **Year 5** | Tag Rugby  Swimming | Dance  Swimming | Gymnastics (U2)  Swimming | Dance (U2)  Swimming/Cricket | Netball  Swimming | Rounders  Athletics |
| **Year 5/6** | Gymnastics  Tag Rugby | Dance  Hockey | Gymnastics (U2)  Football | Dance (U2)  Swimming/Cricket | Netball  Tennis | Rounders  Athletics |
| **Year 6** | Gymnastics  Tag Rugby | Dance  Hockey | Gymnastics (U2)  Football | Dance (U2)  Cricket | Netball  Tennis | Rounders  Athletics |