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| **P.E Long Term Overview**  |
| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | GymnasticsBody Management  | Dance Speed Agility Travel  | Gymnastics (U2)Manipulation & Coordination  | Dance (U2)Cooperate & Solve Problems | Body Management (U2)Manipulation & Coordination (U2) | Speed Agility Travel (Unit 2)Athletics (SD) |
| **Year 1** | Dance Act, Defend, Shoot | GymnasticsHit, Catch, Run | Gymnastics (U2)Send & Return | Dance (U2)Run, Jump, Throw  | Act, Defend, Shoot(U2) Send & Return (U2) | Hit, Catch, Run (Unit2)Run, Jump, Throw (Unit 2) |
| **Year 1/2** | DanceAct, Defend, Shoot | GymnasticsHit, Catch, Run | Gymnastics (U2)Send & Return | Dance (U2) Run, Jump, Throw | Act, Defend, Shoot (Unit 2)Send & Return (Unit 2)  | Hit, Catch, Run (Unit2)Run, Jump, Throw (Unit 2) |
| **Year 2** | DanceAct, Defend, Shoot | GymnasticsHit, Catch, Run | Gymnastics (U2)Send & Return | Dance (U2) Run, Jump, Throw | Act, Defend, Shoot (Unit 2) Send & Return (Unit 2)  | Hit, Catch, Run (Unit2) Run, Jump, Throw (Unit 2) |
| **Year 3**  | GymnasticsTag Rugby | Dance Hockey  | Gymnastics (U2) Football  | OAACricket | Bench BallTennis | RoundersAthletics |
| **Year 3/4** | GymnasticsTag Rugby  | DanceHockey  | Gymnastics (U2) Football  | OAACricket  | Bench BallTennis  | RoundersAthletics  |
| **Year 4** | GymnasticsTag Rugby | DanceHockey | Gymnastics (U2) Football | OAACricket | Bench BallTennis | RoundersAthletics |
| **Year 5** | Tag Rugby Swimming  | DanceSwimming | Gymnastics (U2)Swimming | Dance (U2) Swimming/Cricket | NetballSwimming | RoundersAthletics |
| **Year 5/6** | GymnasticsTag Rugby  | DanceHockey  | Gymnastics (U2)Football | Dance (U2)Swimming/Cricket | NetballTennis | RoundersAthletics |
| **Year 6** | GymnasticsTag Rugby  | DanceHockey | Gymnastics (U2)Football | Dance (U2)Cricket | NetballTennis | RoundersAthletics |